

Reenergize at Luxury Spas Around the World. 🍷

WOLMAR

Overlooking Tamarin Bay on the west coast of Mauritius, the Taj Exotica indulges in discriminating luxury. The Jiva Grande Spa offers an array of Western, Indian and Ayurvedic treatments combined with a yoga pavilion and hydrotherapy pool. Reenergize with resort activities such as scuba diving, windsurfing, water skiing and snorkeling. Accommodations in individual villas with private swimming pool, personal butler and Nespresso machine top off the luxury experience. **Taj Exotica Spa & Resort, www.tajhotels.com**



Vietnam's most beautiful and most popular coastal city, Nha Trang, harbours a hidden treasure: reachable only by boat, the Evason Hideaway is tucked away in its own secluded cove opening onto the Ninh Van Bay. Surrounded by the serene beauty of natural rock formations, coral reefs, mountainside waterfall and beach, the Six Senses Spa provides a range of holistic massage treatments, Reiki, yoga and tai chi, and full spa facilities to reenergize and rebalance, in traditional Vietnamese architecture.

Evason Hideaway & Spa at Ana Mandara, www.sixsenses.com/hideaway-anamandara



NHA TRANG

ELCIEGO

When in Rioja try the wine... and not just by drinking it at the region's most prestigious celebration of viticulture, the Hotel Marqués de Riscal. Housed in Frank O. Gehry's visionary building for the prestigious vintner's "City of Wine", the hotel's Caudalie spa is a pioneer in vinotherapy, and its range of grape-based rejuvenative treatments allows the benefits of this multifaceted fruit rich in antioxidants to fully soak in. **Caudalie Vinothérapie® Spa at the Hotel Marqués de Riscal, www.luxurycollection.com/marquesderiscal**



MALDIVES



Aqua-therapy takes on new meaning at Huvafen Fushi, where guests can take in the submarine treasures of the Maldives from the sanctity of underwater spa rooms. Above sea level, overwater and beachside bungalows pepper the tiny island resort in the North Male Atoll of the Indian Ocean. Accessible by speedboat or seaplane the secluded luxury oasis offers Per Aquum's comprehensive wellness program and state of the art facilities as well as international, seafood and raw food cuisines for the discriminating palate.

Huvafen Fushi Maldives, www.huvafenfushi.com



Mountain, Stone, Water, Air. At 1,200 metres above sea level, Peter Zumthor's homage to the elements is built into the mountainside from 60,000 stone slabs of native Valser quartzite. Combinations of light and shade, open and enclosed spaces and linear elements make a visit to the restorative thermal bath resort and accompanying hotel a serenely sensuous and sublime experience.

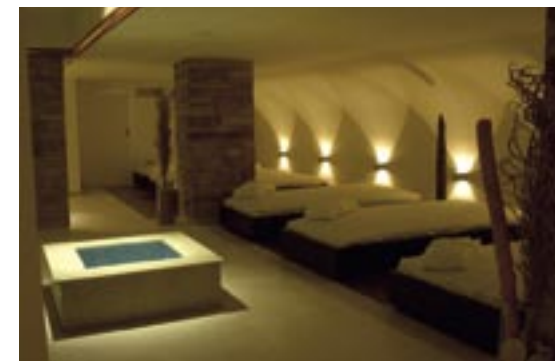
Therme Vals, www.therme-vals.ch

MIAMI VALS



The Mandarin Oriental Miami Hotel and Spa offers urbanites quick yet idyllic refuge from South Beach hype, with an eye on the stunning downtown skyline on one side of the resort and its secluded white sand beach view of the Atlantic Ocean on the other. The spa itself is an exercise in luxury: with 1,394 metres spread over 3 levels dedicated to wellness and rejuvenation with traditional Thai massages and a range of Ayurvedic treatments.

Mandarin Oriental Miami, www.mandarinoriental.com/miami



Pamper yourself at this Balearic paradise in Mallorca's capital city. The Nayara Spa at the 5-star Valparaiso Palace resort offers a cornucopia of wellness across 2,800 square metres. Before perfecting your swing at one of the island's many well-known golf courses, indulge in a variety of baths, aroma- and hydrotherapy, western and Asian-style massages, beauty treatments and comprehensive fitness program. **Grupotel Valparaiso Palace, www.grupotelvalparaiso.com**

TRIVIERA MAYA



The temazcal, an ancient Mayan purification ritual with volcanic rocks, herbal infusions, mineralized mud and ceremonial chants is but one of the restorative experiences offered by the Maroma Hotel's Kinan Spa. Overlooking the Caribbean and the world's second longest barrier reef with the Yucatan jungle at its back, the luxurious retreat offers a unique blend of modern and ancient wellness treatments and facilities in a region featuring some of Mexico's most precious natural and historical treasures.

Maroma Resort and Spa, www.maromahotel.com

UDAIPUR

Indulge in Rajasthani opulence at this spa resort steeped in the tradition of royalty. Pamper the senses with a tailored mix of Ayurvedic, ancient Thai and western Banyan Spa therapies, attain inner harmony with yoga or simply relax on a royal scale at this luxurious spa resort on the banks of Lake Pichola that has been modelled after a 17th century Mewari palace.

Banyan Spa at The Oberoi Udaivilas, www.oberoiudaivilas.com

